

Woodburn Endoscopy Center - Patient Instructions for Procedures

* Registration/check in forms, can be printed out for home completion at www.woodburnendoscopy.com

Your physician has given you specific instructions on how to prepare your system for this procedure. Please follow these instructions carefully.

For Colonoscopies — Please complete your prep 4 hours prior to the arrival time for your procedure. This includes taking only clear liquids up to 4 hours prior to the arrival time. NO gum, candy, mints, honey, or hard candy.

For EGDs (Upper Endoscopy) — Nothing to eat after midnight the night before your procedure. This includes NO gum, candy, mints, honey, or hard candy.

All Patients Must:

- Be under 70 years of age (not enrolled in Medicare part A or B)
- Arrive at the Center **1 HOUR BEFORE** your scheduled appointment
- Bring your **insurance card** and a **photo ID**
- Bring any necessary **referrals** from your primary care physician.
- Be prepared to provide the **name and address of your primary care physician**
- Bring a **list of all your medications**, the **dosage, dose frequency** and the **reason** you are taking the medication
- **Leave all jewelry** and personal belongings at **home**

Patients needing **cardiac clearance** **MUST** Fax the clearance to the Woodburn Center at **(703) 752-2565** no later than 48 hours prior to your procedure.

If you have a defibrillator or MAO inhibitors, your procedure **CANNOT** be done at the Woodburn Endoscopy Center. Please contact your Doctor's office to **reschedule your procedure at the Hospital.**

Important Transportation Requirements:

Because of the anesthesia you will have for your procedure, all patients **MUST** make arrangements **to be driven home after the procedure.**

- **YOU MAY NOT DRIVE.**
- **YOU MAY NOT TAKE A TAXI.** *(unless you have a responsible adult 18 years or older with you)*
- If two people are having a procedure on the same day ... you **MUST have a third person** with you who is **not** having a procedure) to drive you home.
- You **MUST** have a confirmed ride **before you are taken back** for your procedure.
If the person driving you home is not waiting with you in the office, *we will ask to speak with that person BEFORE* you are taken back for your procedure.
- **Your procedure will NOT be done if you do not have a confirmed ride.**

**** Additionally** If your procedure is scheduled for **2:00 PM or later**, **YOUR RIDE MUST BE WITH YOU IN THE OFFICE PRIOR TO and DURING** your exam.
(e.g. You cannot arrive to the office alone stating your ride "will be here in an hour.")

Patient Signature of Acknowledgement: _____

Please contact the Center if you have any questions regarding your procedure or the above instructions. The Center is located at:

3301 Woodburn Road, Suite 109, Annandale, VA 22003
Phone: (703) 752-2557 Fax: (703) 752-2565
www.woodburnendoscopy.com